

# Grief Support for Teens: Art Experience



Thursday, October 12  
7 to 9 p.m.

**Centered Earth**  
21 Kristi Road  
Muncy, PA 17756

Experiencing the death of someone close can be overwhelming, but expressing pain through art can be helpful.

Teens who have experienced the death of someone close are invited to join Heartworks for an evening of grief support through art. Teens are welcome to attend with a parent or other significant adult. Each person will choose a piece of pottery to paint in memory of their special person. Registration is required.

*“I make art when I can’t gather the words to say.” – Nikki Rowe*

*“Art can permeate the very deepest part of us, where no words exist.” – Eileen Miller*

**UPMC**  
LIFE CHANGING MEDICINE

10/12/2022 10:00 AM - 2022 UPMC



To register, contact Linda Bryant,  
Heartworks coordinator, at 570-220-8472  
or [bryantl3@upmc.edu](mailto:bryantl3@upmc.edu).